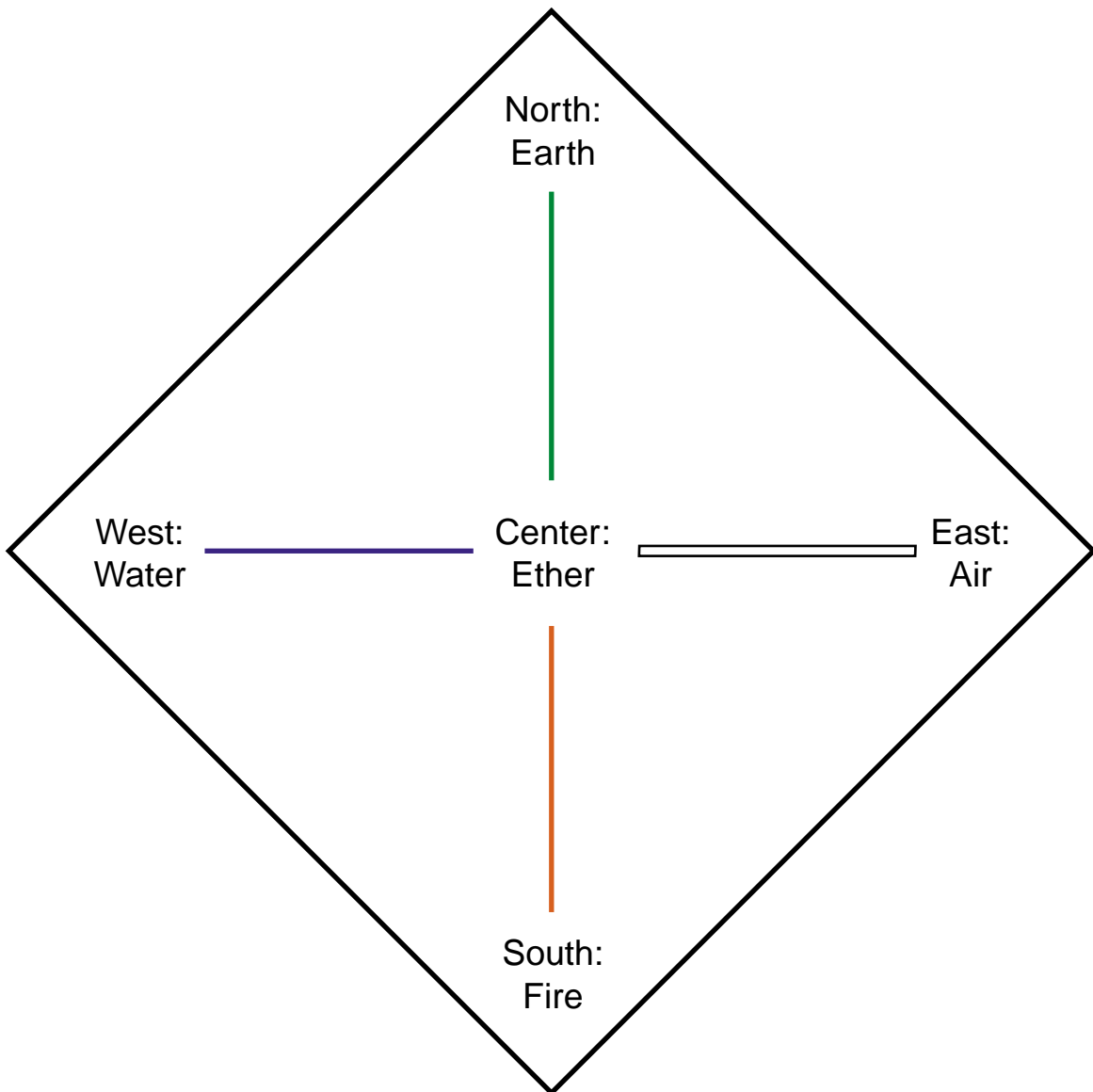


The Book of Elements

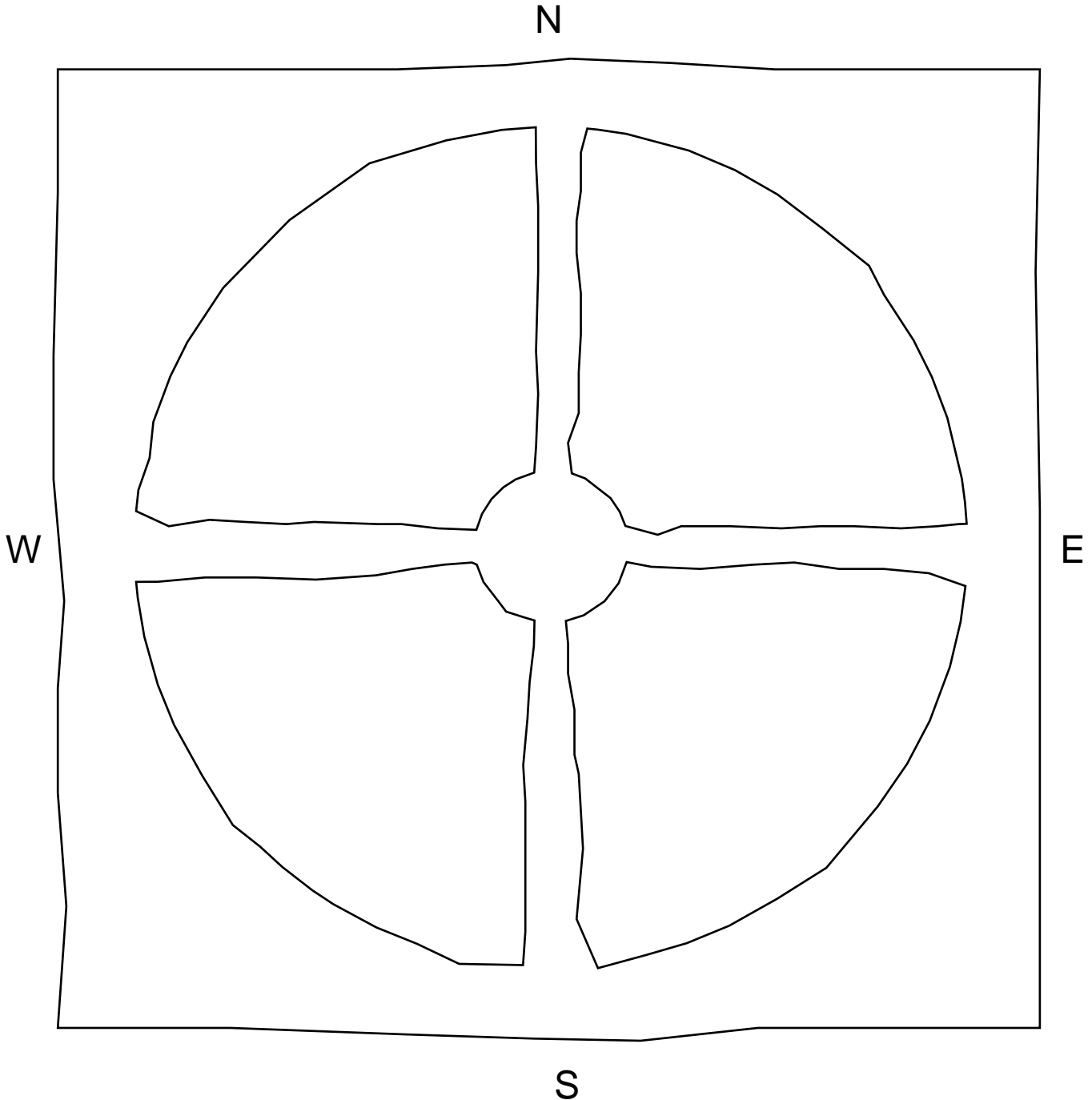
for the
Children of Nature.

by Eliza Fegley.

The four elements the ancients had:
Earth, Air, Fire, and Water.
And held together in the center
Is the fifth element of Ether.



The Ether can also be called Spirit, Soul, Heaven, or the Land of the Gods. The four elements flow out of the Ether like rivers.

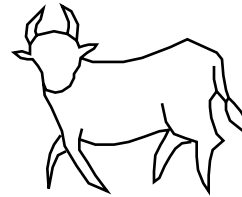


Earth is the element of the North. It is called upon for growth and fertility. Earth is also a grounding element and it works to heal you when you are feeling nervous or scared.

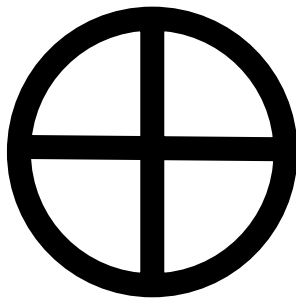
Earth's elemental sound is La.

Its colors are both green and brown and it's nature spirit is the gnome.

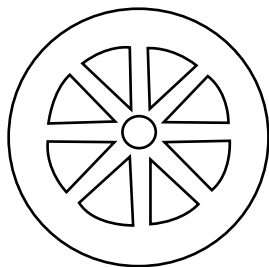
In the zodiac the Taurus, Virgo, and Capricorn are governed by the element Earth.



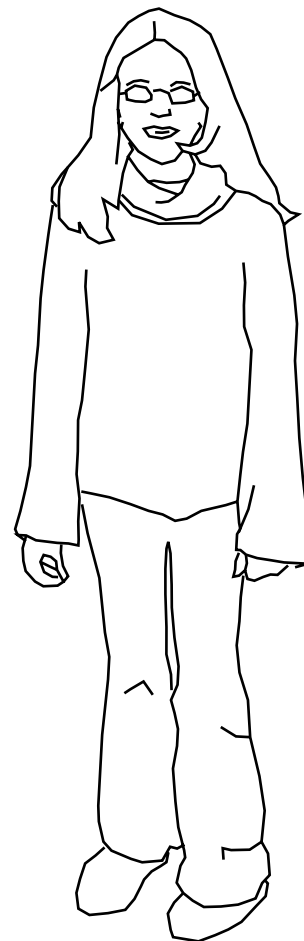
Taurus the Bull



Symbol of Earth



The Wheel is also a symbol of the Earth element.

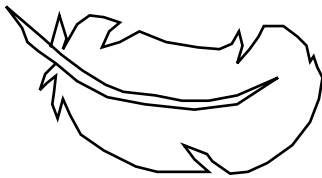


Air is the element of the East. It is called upon to carry wishes and prayers to Gods and Goddesses. Air is also a clearing element and it works to heal you when you are feeling stuck or bored.

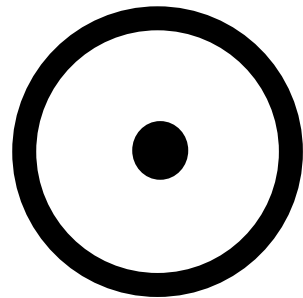
Air's elemental sound is Ya.

Its color is white and its nature spirit is the sylph.

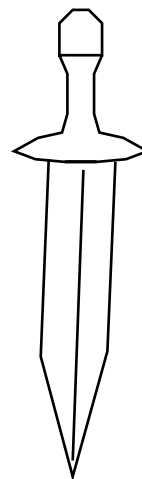
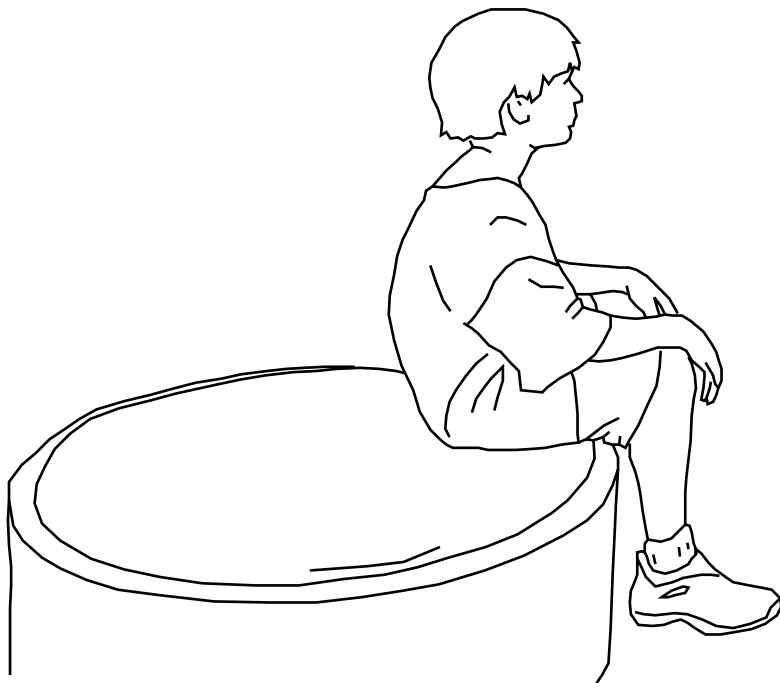
In the zodiac the Gemini, Libra, and Aquarius are governed by the element Air.



A feather can represent Air.



Symbol of Air



The Sword is also a symbol of the Air element.

Fire is the element of the South. It is called upon for energy. Fire is also an empowering element and you can picture a ring of fire surrounding you whenever you need strength.

Fire's elemental sound is Ra.

Its colors are both red and orange and its nature spirit is the salamander.

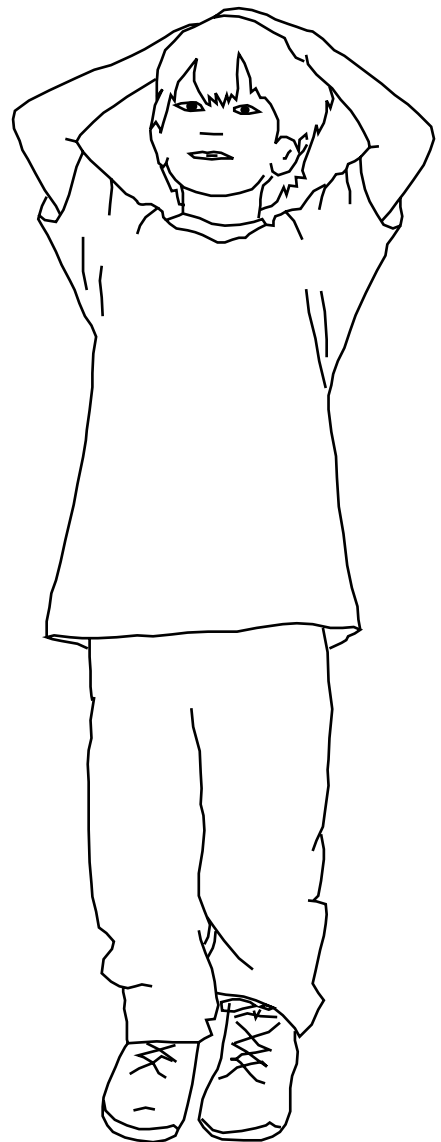
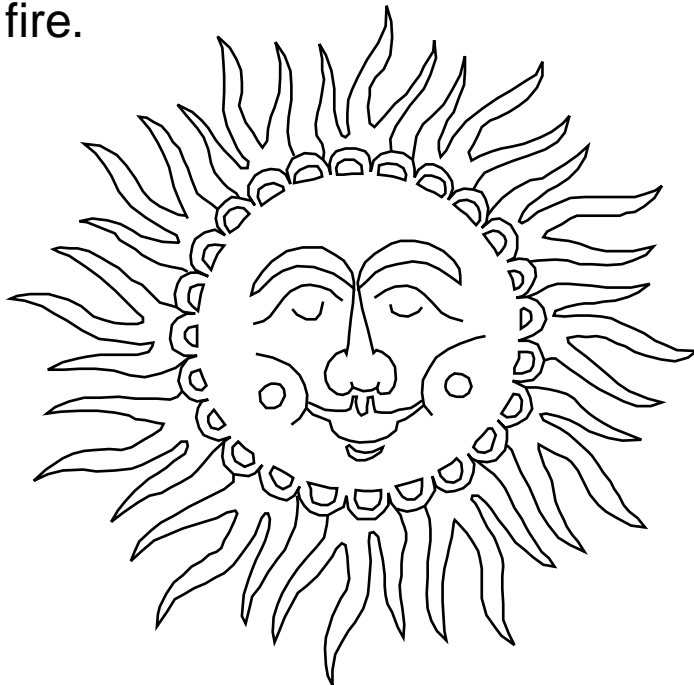
In the zodiac the Aries, Leo, and Sagittarius are governed by the element Fire.



Lightning bolt is a symbol for fire.



Gold coins are also a symbol for fire.



Water is the element of the West. It is called upon for change. Water is also a cleansing element and you can call upon it to wash away the obstacles on your path.

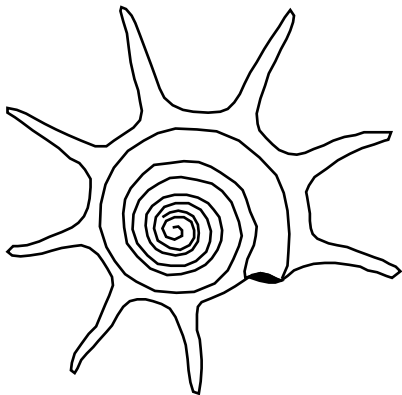
Water's elemental sound is Va.

Its color is blue and its nature spirits are the undines.

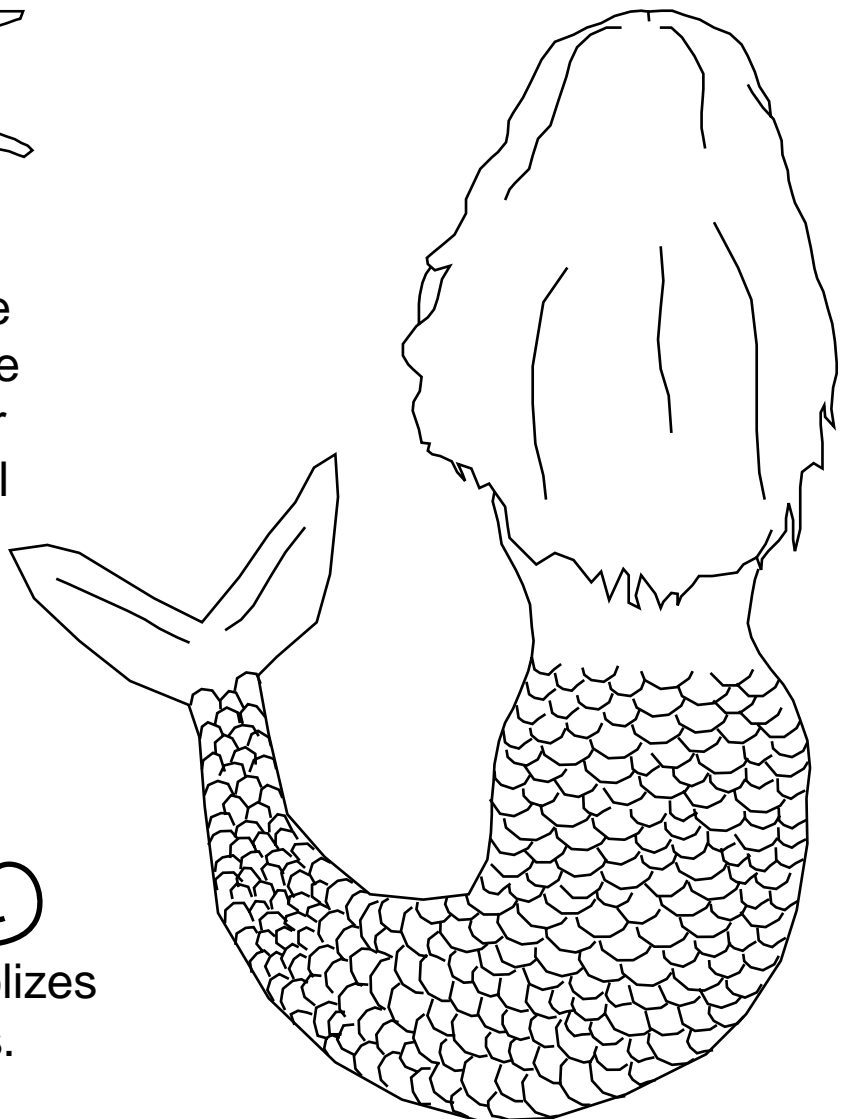
In the zodiac the Cancer, Scorpio, and Pisces are governed by the element Water.



The symbol of Pisces.



Seashells can be used to symbolize water on an altar as well as a bowl filled with water.



This design symbolizes water or waves.

The elements were used by our ancients and were believed to be the building blocks of all things.

The ancient Greeks used the same four elements as we do today: Earth, Air, Fire, Water.

Other cultures, however, had different elements as the building blocks of all that is.

For example, the Chinese had five elements: Water, Fire, Wood, Metal, and Earth.

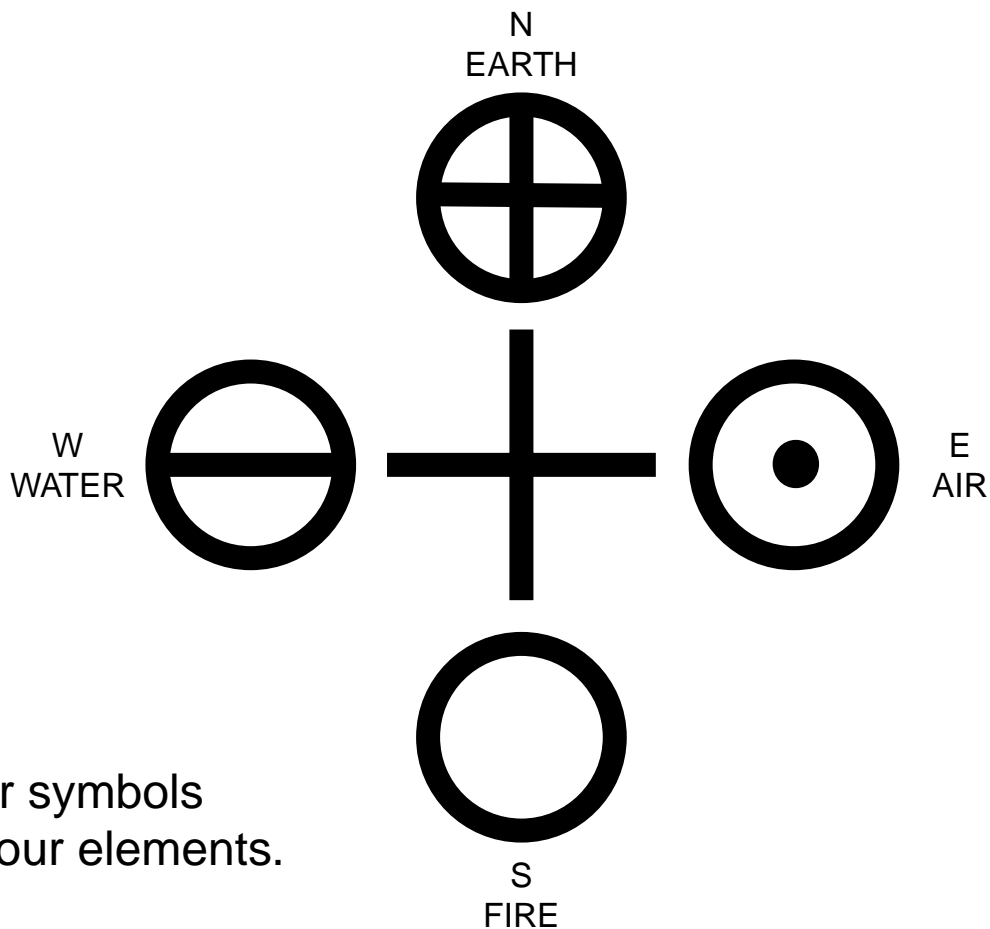
Water-- North, body part: blood, musical note: Yu.

Fire-- South, body part: breath, musical note: Chue.

Wood-- East, body part: bones, musical note: Chih.

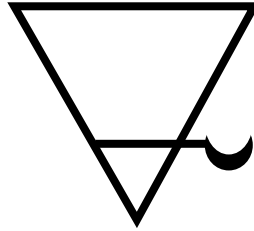
Metal-- West, body part: nails, musical note: Shang.

Earth-- Center, body part: muscles, musical note: Kung.



Circular symbols
of the four elements.

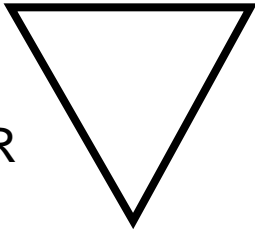
N
EARTH



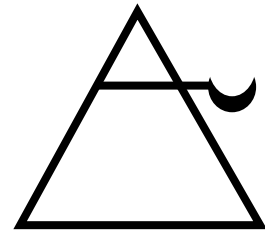
Element Chant

I am Earth.
I am Air.
I am Fire.
I am Water.
I am Nothingness.
I am All.
I am Life.

W
WATER



E
AIR



S
FIRE

